

An Efficacious Novena to the Sacred Heart of Jesus

Attributed to St. Margaret Mary Alacoque

*Saint Padre Pio recited this novena every day for all those who requested his prayers. This novena can be prayed any time of year or, as did Padre Pio, perpetually throughout the year. **However, it is traditionally prayed for nine days prior to the Solemnity of the Most Sacred Heart.***

Pray all prayers below every day during the novena.

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Prayer One:

O my Jesus, you have said:

“Truly I say to you, ask and you will receive, seek and you will find, knock and it will be opened to you.”

Behold I knock, I seek and ask for the grace of...

(name your request here)

Our Father...

Hail Mary...

Glory Be to the Father...

Sacred Heart of Jesus, I place all my trust in you.

Amen.

Prayer Two:

O my Jesus, you have said:

“Truly I say to you, if you ask anything of the Father in my name, he will give it to you.”

Behold, in your name, I ask the Father for the grace of...

(name your request here)

Our Father...

Hail Mary...

Glory Be To the Father...

Sacred Heart of Jesus, I place all my trust in you.

Amen.

Prayer Three:

O my Jesus, you have said:

“Truly I say to you, heaven and earth will pass away but my words will not pass away.”

Encouraged by your infallible words I now ask for the grace of...

(name your request here)

Our Father...
Hail Mary...
Glory Be to the Father...
Sacred Heart of Jesus, I place all my trust in you.
Amen.

Concluding Prayer:

O Sacred Heart of Jesus,
for whom it is impossible not to have compassion on the afflicted,
have pity on us miserable sinners
and grant us the grace which we ask of you,
through the Sorrowful and Immaculate Heart of Mary,
your tender Mother and ours.

The Hail Holy Queen (The Salve Regina)

Hail, holy Queen, mother of mercy,
our life, our sweetness, and our hope.
To you we cry, poor banished children of Eve;
to you we send up our sighs,
mourning and weeping in this valley of tears.
Turn, then, most gracious advocate,
your eyes of mercy toward us;
and after this, our exile,
show unto us the blessed fruit of your womb, Jesus.
O clement, O loving, O sweet Virgin Mary.

Pray for us O most holy Mother of God,
That we may be worthy of the promises of Christ.

St. Joseph, foster father of Jesus, pray for us.

Amen.

Optional Litany to the Sacred Heart

By St. Margaret Mary Alacoque

Hail, Heart of Jesus, save me!
Hail, Heart of my Creator, perfect me!
Hail, Heart of my Savior, deliver me!
Hail, Heart of my Judge, grant me pardon!
Hail, Heart of my Father, govern me!
Hail, Heart of my Spouse, grant me love!
Hail, Heart of my Master, teach me!
Hail, Heart of my King, be my crown!
Hail, Heart of my Benefactor, enrich me!
Hail, Heart of my Shepherd, guard me!
Hail, Heart of my Friend, comfort me!
Hail, Heart of my Brother, stay with me!
Hail, Heart of the Child Jesus, draw me to yourself!
Hail, Heart of Jesus dying on the Cross, redeem me!
Hail, Heart of Jesus in all your states, give yourself to me!
Hail, Heart of incomparable goodness, have mercy on me!
Hail, Heart of splendor, shine within me!
Hail, most loving Heart, inflame me!
Hail, most merciful Heart, work within me!
Hail, most humble Heart, dwell within me!
Hail, most patient Heart, support me!
Hail, most faithful Heart, be my reward!
Hail, most admirable and most worthy Heart, bless me!

Lord Jesus,
let my heart never rest until it finds You,
who are its center, its love, and its happiness.
By the wound in Your heart,
pardon the sins that I have committed
whether out of malice or out of evil desires.

Place my weak heart in Your own divine Heart,
continually under Your protection and guidance,

so that I may persevere in doing good
and in fleeing evil until my last breath.

Amen.

Jesus also made 12 specific promises to those who would honor His Sacred Heart:

1. I will give them all the graces necessary in their state of life.
2. I will give peace in their families and will unite families that are divided.
3. I will console them in all their troubles.
4. I will be their refuge during life and above all in death.
5. I will bestow the blessings of Heaven on all their enterprises.
6. Sinners shall find in my Heart the source and infinite ocean of mercy.
7. Tepid souls shall become fervent.
8. Fervent souls shall rise quickly to great perfection.
9. I will bless those places wherein the image of My Heart shall be exposed and honored and will imprint My love on the hearts of those who would wear this image on their person. I will also destroy in them all disordered movements.
10. I will give to priests who are animated by a tender devotion to my Divine Heart the gift of touching the most hardened hearts.
11. Those who promote this devotion shall have their names written in my Heart, never to be effaced.
12. I promise you in the excessive mercy of my Heart that my all-powerful love will grant to all those who communicate on the First Friday in nine consecutive months, the grace of final penitence: they will not die in my disgrace, nor without receiving their Sacraments. My Divine Heart shall be their safe refuge in this last moment.